



Care for your  
**TMJ** issues  
should  
include  
**Chiropractic  
Adjustments.**

Your neck and jaw have a very close relationship, adding Chiropractic adjustments to your current TMJ care plan will help reduce your pain and symptoms.

## **Success Story!**

“Getting chiropractic adjustments has greatly improved my tmj issues. My tmj was painful, caused headaches, it was difficult to eat and chew food. Getting my spine and neck in alignment and keeping it adjusted and in the proper alignment relieves the constant clicking and aching in the jaw that comes with tmj. Consistent chiropractic care and some additional simple stretching techniques used at home has been the key to me living virtually pain free with tmj for nearly a year now.” – Amy P. from Webster

For more information, please contact  
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visit **manzachiro.com**.

Dr. Joe Manza is located at 71 North Ave., in the village of Webster.